

# Mayfield Education

## Caring for the Feet – short course

<b>Program Code</b>	<b>Start Date</b>	<b>Program Length</b>	<b>Campus</b>	<b>Study Mode</b>	<b>Contact</b>
Caring for the Feet	1 February 2021	1 day onsite	Mayfield Education	Face-to-Face 9AM to 4PM	(03) 9882 7644

### **COURSE OVERVIEW**

Problems with the feet may be the first signs of medical conditions such as arthritis, diabetes and nerve and circulatory disorders. All people may require assistance and referral from health professionals and carers in foot care in order to maintain good function and prevent foot problems. This course teaches safe and appropriate foot care techniques aimed at maintaining healthy foot function in all people. You will learn to identify high risk situations requiring referral to specialist podiatrists. This course does not allow people to work as podiatrists or podiatry assistants. This course does not enable participants to work independently in this area in the community. Please consult your workplace guidelines and policies in relation to the foot care that you are able to provide.

### **ENTRY CRITERIA**

Health care workers with an interest in foot care and podiatry

- Health workers who care for the elderly and people with a disability
- Those with high risk feet who seek to prevent complications from sports and other injuries

### **TRAINING PROGRAM**

Foot anatomy and risk factors for foot pathology and identification of foot problems

Preventing and treating common foot disorders

First aid for acute foot injuries

Good footwear and correct fitting techniques

Resources including sources of equipment

Practice session: foot care including foot hygiene, toe nail cutting, and infection control/sterilisation practices

On completion, participants should be able to:

- Describe the role of the podiatrist
- Outline the structure of the feet and common disorders
- List the factors that cause problems
- Describe methods for treating and preventing the development of foot problems
- Identify a 'high risk' foot and initiate appropriate interim management
- Demonstrate skill in low risk foot care

### **DELIVERY**

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This course is conducted by Registered Podiatrists  
It is a 1 day at Mayfield Education from 9.00 am to 4.00 pm

### **DATE**

**Intake 1, 2021:** 1 February 2021

### **Application Closing Date**

Two weeks prior to course commencement. Late application is considered.

### **AWARD**

Mayfield Certificate of Attendance

6 CNE points

### **FEE**

\$580. Light lunch provided

### **LOCATION**

Hawthorn campus

Organisations may choose to have this program delivered in the workplace as a customised course

Mayfield Education  
2-10 Camberwell Road  
Hawthorn East Victoria 3123  
Australia

[View Map](#)